

Seend Playgroup

Sun Protection Policy

Skin cancer is one of the most common cancers in the UK and the number of cases is rising at an alarming rate. The good news is that the majority of these cases can be prevented. Most skin cancers are caused by UV radiation from the sun. If we protect ourselves from the sun then we can reduce our risk. This is particularly important for children and young people whose skin is more delicate and easily damaged.

Sunburn in childhood can double our risk of skin cancer. You will not see the damage immediately because skin cancer can take years to develop. Children who are exposed to the sun now are storing up problems for the future.

At Seend Playgroup we want staff and children to enjoy the sun safely. We will try to achieve this by:-

Education

- Talking to the children about Sun Protection
- Learning a song called "Put on your hat"
- Displaying posters.
- Giving this policy to all parents at the start of the summer term.

Shade

- Using the veranda, tent, our pop-up gazebo and the shade of a tree where possible.

Clothing

- Actively encouraging all children to wear a hat when playing outside on a sunny summer's day. During the summer months, all children will be required to bring and wear a named sun hat.
- Encouraging parents to bring their children in T-shirts that cover the shoulders. (Vests and strappy tops are discouraged)
- Asking parents to apply sunscreen (at least factor 15) to their children before the session begins.
- We keep some Nivea factor 50 sunscreen at Playgroup if you do forget to apply it at home, or if a dull day turns out to be sunny.

Please note:

- If it is very sunny after 11 am, activities will take place inside.
- Hats and polo shirts with Seend Playgroup logo are available to purchase at Playgroup. Sometimes we have good second hand ones too.

This policy is reviewed annually.